

CAMP CHECKLIST



Welcome back to SK8 Georgian Bay summer camps!

It is recommended to label all clothes and equipment with the camper's name to prevent mix-ups and help them recognize their belongings. It is best to encourage your child to pack suitable clothing and sports gear for the camp and involve them in the process. This way, they will understand what is expected of them when it's time to pack up and go home.

FORMS

- SK8 GB Release & Indemnity
- SK8 GB Health History
- SK8 GB Social Media Release

ALL CAMPERS

- One set of extra clothes
- Hat
- Running shoes
- Towel
- Sweatshirt, sweatpants, Rain jacket (depending on the weather)
- Gym clothes
- Sunscreen
- Blister bandages
- Peanut-free lunch and water bottle

HOCKEY PLAYERS

- Full hockey gear and stick
- Sharpened skates
- Water bottle
- Road hockey stick

FIGURE SKATERS

- Sharpened skates & Skate guards
- Water bottle
- Proper figure skating clothing
- Mitts
- Skate Skate guards

CANKSKATERS

- Sharpened Skates & Skate guards
- Hockey helmet
- Warm clothes for skating

SK8 GB RULES



Please ensure you and your child read and understand the camp rules carefully. The health and safety of all campers is of utmost importance, so we request that you to keep the following guidelines in mind:

**The use of cell phones is prohibited at the camp.
If your child needs to bring a phone, it must be handed over to Jan Hulme.**

All campers must arrive by 8:30 AM and be picked up at 4:00 PM. Day campers are also required to sign in and out daily.

PLEASE FOLLOW THE RULES AND GUIDELINES GIVEN BELOW

1. All campers are responsible for their belongings and personal hygiene.
2. Any form of bullying, including verbal, physical, or emotional abuse, horseplay, or invading another camper's personal space, is strictly prohibited.
3. Please respect the camp and private property. Keep the camp clean and use the garbage cans provided. Please assist the instructors in putting away equipment and returning items to their proper locations.
4. Any camper who damages property will be held responsible for the cost of replacement or repair.

Arena Rules:

1. Running in the arena or up and down the stairs is prohibited.
2. Stay out of other campers' bags.
3. Keep the arena clean and put garbage in the cans provided. Please dispose of water bottles in the recycling bin. Candy from machines is not allowed.

Washroom Rules:

1. Keep the washroom clean.
2. Wash your hands after using the washroom. Please don't put paper towels in the toilet or sink.
3. Running or playing in the restroom is not allowed.

Mealtime Rules:

1. Campers must work together to sweep and tidy the hall daily.
2. Wash your hands before eating.

WHEN TO STAY HOME FROM SUMMER CAMP



Fever

The temperature of 100 degrees Fahrenheit, 37.8 degrees Celsius or higher or chills.

When to Return to Camp:

Fever-free for 24 hours without the use of fever-reducing medication such as ibuprofen or acetaminophen



Coughing

COUGHING THAT WON'T STOP

Or other problems with breathing

When to Return to Camp:

The cough is mild and infrequent and evaluated by a doctor if needed



Diarrhea or Vomiting

Within the past 24 hours

When to Return to Camp:

Free from diarrhea and/or vomiting for at least 48 hours and evaluated by a doctor if needed.



Rash

Body Rash with itching and/or fever

When to Return to Camp:

Free from rash, itching or fever and evaluated by a doctor if needed.



Head Lice

Itchy head, active head lice

When to Return to Camp:

After the first head lice treatment and all lice are gone.



Eye Infection

Eye is red and oozing a yellow or green discharge

When to Return to Camp:

24 hours after starting antibiotic eye drops or ointment